

ORTHOTICS

Orthoses (braces) are complex devices. Knowledge of medical conditions and practical training to assess the causes of mobility deficiencies are required to render effective orthotic treatments.

Common Types of Orthoses

- Foot Orthoses
- Knee Orthoses
- Ankle Foot Orthoses
- Knee Ankle Foot Orthoses
- Wrist Hand Orthoses
- Elbow Orthoses
- Shoulder Orthoses
- Spinal Orthoses
- Cervical Orthoses
- Helmets

An orthosis is not a 'one-size-fits-all' type of device. Patients have unique medical conditions, measurements and daily living needs.

Effective orthoses are custom-made or custom-fit to each patient.

Orthoses treat a wide range of medical conditions such as:

- Stroke
- Diabetes
- Congenital Anomalies
- Cerebral Palsy
- Spina Bifida
- Guillian Barre Syndrome
- Acquired Brain Injury
- Polio
- Charcot Marie Tooth
- Muscular Dystrophy
- Multiple Sclerosis
- Peripheral Neuropathy
- Spinal Cord Injury
- Arthritis
- Hemiplegia
- Plagiocephaly

Orthoses enable mobility, manage pain and prevent injury.

**FIND A
PROFESSIONAL
NEAR YOU**

Find a Certified Orthotist CO(c) near you at:
www.opcanada.ca



Orthotics Prosthetics Canada

OPC's role is to protect the public and advance the profession through:

- Quality Standards of Practice
- Professional Credentialing
- Continuing Education
- Advocacy and Stakeholder Relations
- Professional Regulation

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Health Care Specialists

CERTIFIED ORTHOTIST CO(c)



We help Canadians live active, independent and productive lives.

Make sure your orthotic provider is a Certified Orthotist CO(c).



CERTIFIED ORTHOTISTS CO(c)

Orthotic treatments merge science, art, engineering and health care knowledge.



CO(c)s have the knowledge, skills and equipment to assess, develop treatment plans, fabricate custom solutions and expertly fit patients for maximum effectiveness.

They are uniquely trained health care specialists who treat disabling conditions of the neuromuscular-skeletal structures of the body with custom-made or custom-fit orthoses (braces).

DID YOU KNOW?

- Certified Orthotists CO(c) have been credentialed in Canada for over 50 years.
- Only an OPC credentialed orthotist can use the "Certified Orthotist CO(c)" title and acronym.
- CO(c)s are recognized as authorized providers by most provincial and private health care plans.
- Training to become a CO(c) requires a university degree, 2 years in a post graduate program, 2 years of residency and successful completion of national credentialing exams.

"The "Eureka!" and "Wow!" moments are the best reactions, but all situations are great when the patient leaves the office in a better, more functional, more mobile manner."

Dan Mead, CPO(c),
Sudbury, Ontario

FUNDING

There is health care funding available for most medical conditions requiring orthotic treatments through provincial and/or private health care plans.

The following general requirements are necessary to have an eligible claim for reimbursement:

1. Obtain a prescription/referral for orthotic treatments from an authorized medical professional (defined in payer policies)
2. Receive orthotic treatment from an appropriate and authorized dispenser/provider (i.e. Certified Orthotist)
3. Submit detailed documentation to payer for reimbursement (specified in payer policies)

As authorized providers, CO(c)s are familiar with the funding options available in your province and can guide you through the process.

In-depth care and treatment, from beginning to end.



IMPORTANT!

- Not all orthotic providers are equally trained or recognized by public and private payers.
- CO(c)s are the gold standard for your assurance of ethical, knowledgeable and skilled orthotic treatments.

"I needed to do something I felt would benefit humanity...like providing an orthosis for a child to take their first steps, or to somebody looking to keep living independently."

Jenna Holz, CO(c),
Nova Scotia



FACT: Certified Orthotists are the highest trained and most knowledgeable professionals in head-to-toe orthotic treatments.